		2022 October		Osseo Area School
OEC and OALC High School Lunch Menu				ISD 🕥 279
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
Curly Fries	Sidewinder Fries	Mashed Potatoes and Chicken Gravy	Sidewinder Fries	Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
KC Mesquite BBQ Chicken Drumstick Combread BBQ Baked Beans	Beef Taco in a Bag	Chicken Tenders (Regular and Spicy)	Brunch For Lunch French Toast Flavored Muffin Chicken Sausage Patties	Orange Chicken with White Rice Chicken Potsticker
Savory Green Beans and Onions Fresh Fruit	Buttered Corn Fresh Fruit	Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit	Hashbrown Patties Honey Roasted Carrots Fresh Fruit	Ginger Stir-Fry Vegetables Fresh Fruit
Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables	Assorted Fresh Vegetables
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
10 Cheeseburger	11 Breaded Chicken Sandwich (Spicy or Regular)	12 Cheeseburger	13 Breaded Chicken Sandwich (Spicy or Regular)	14 Cheeseburger
Curly Fries	Sidewinder Fries	Curly Fries	Mashed Potatoes And Country Gravy	Chips
International Cuisine	International Cuisine	International Cuisine	International Cuisine	International Cuisine
Pizza	Beef Meatball Hoagie	Penne Grilled Chicken Alfredo	Country Fried Beef Steak	Shredded Chicken Burrito Bowl with F
Turkey Pepperoni or Cheese	Sidewinder Fries	Breadstick	Mashed Potatoes And Country Gravy	Tortilla Cilantro Lime Rice
Caesar Salad Parmesan Spinach Alfredo Tortilla Chips	Oven Roasted Curry Cauliflower	Steamed Seasoned Broccoli	Dinner Roll Honey Roasted Carrots	Southwest Beans Chipotle Cinnamon Sweet Potatoe
Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Veqetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables Fresh Baked Cookie
Protein Pack	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie	Grilled Chicken Ranch Salad	Turkey Cheese Hoagie
17	18	19	20	21
Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger	No School	No School
Curly Fries	Sidewinder Fries	Mashed Potatoes and Chicken Gravy		
International Cuisine Thai Sweet Chili Chicken	International Cuisine	International Cuisine Breaded Chicken Drumstick	-	
White Rice Vegetable Eggroll	Cheesy Hot Pockety Pizza with Marinara Sauce	Mashed Potatoes and Chicken Gravy		
regetable Eggi Uli		D' D "		
Ginger Stir-Fry Vegetables Fresh Fruit	Savory Green Beans and Onions Fresh Fruit	Dinner Roll Buttered Corn Fresh Fruit		
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables	Fresh Fruit Assorted Fresh Vegetables	Buttered Corn Fresh Fruit Assorted Fresh Vegetables	-	
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie		28
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie 26	27	28
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24 Cheeseburger	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25 Breaded Chicken Sandwich (Spicy or Regular)	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie 26 Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24 Cheeseburger Curly Fries	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25 Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie 26 Cheeseburger Mashed Potatoes and Chicken Gravy	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries	Cheeseburger Chips
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24 Cheeseburger	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25 Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Sidewinder Fries Sidewinder Fries	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie 26 Cheeseburger	Breaded Chicken Sandwich (Spicy or Regular)	Cheeseburger
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24 Cheeseburger Curly Fries International Cuisine Italian Dunker with Marinara Sauce Caesar Salad Honey Roasted Carrots	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25 Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Slopy Joe Sandwich Sidewinder Fries BBQ Baked Beans Soy Glazed Cauliflower	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoagie 26 Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Chicken Wing Day Pretzel and Cheese Sauce Steamed Seasoned Broccoli	Cheeseburger Chips International Cuisine Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts
Ginger Stir-Fry Vegetables Fresh Fruit Assorted Fresh Vegetables Protein Pack 24 Cheeseburger Curly Fries International Cuisine Italian Dunker with Marinara Sauce Caesar Salad Honey Roasted Carrots Fresh Fruit	Fresh Fruit Assorted Fresh Vegetables Grilled Chicken Ranch Salad 25 Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Sloppy Joe Sandwich Sidewinder Fries BBQ Baked Beans Soy Glazed Cauliflower Fresh Fruit	Buttered Corn Fresh Fruit Assorted Fresh Vegetables Turkey Cheese Hoaqie 26 Cheeseburger Mashed Potatoes and Chicken Gravy International Cuisine Chicken Bites Mashed Potatoes and Chicken Gravy Dinner Roll Fresh Fruit	Breaded Chicken Sandwich (Spicy or Regular) Sidewinder Fries International Cuisine Chicken Wing Day Pretzel and Cheese Sauce Steamed Seasoned Broccoli Fresh Fruit	Cheeseburger Chips International Cuisine Spicy Szechuan Chicken Lo Mein Noodles Oven Roasted Brussel Sprouts Fresh Fruit
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Protein Pack Gnilled Chicken Ranch Salad Jurkey Cheese Hoagie Gnilled Chi IN SCHOOL OFFERED DAILY: Manager Choice of: Peanut Butter or Sun Butter and Jelly sandwich *In the event that school is closed due to inclement weather, the menu offerings from the initial day school is closed will be the offerings on the following school day. This institution is an equal opportunity provider.